

STAR TREK: The Essential Episodes

Lt.Cmdr Stephanie Edd

@stephanieedd on [TikTok](#)

@stephaniejedd on [Twitter](#) & [Instagram](#)

stephanieedd.com

Welcome to my collection of essential episodes from the five complete series in the *Star Trek* universe: *The Original Series*, *The Next Generation*, *Deep Space Nine*, *Voyager*, and *Enterprise*.

The episodes below are important for understanding plotlines and characters and include the most beloved episodes, which are marked with a ❤️

Episodes that are indented and marked with a ★ are not required for understanding major plotlines and references. However, they do flesh out the world of *Star Trek*, develop characters, have relevance to the respective series, or are important to the fandom. For a deeper understanding of the essence of *Trek* and more background information useful in discussions with other fans, watch these episodes.

Episodes that I like, regardless of whether or not they're important or popular, are marked with a 💙

All links go to [Memory Alpha](#). Series which are currently running or in production, such as *Discovery*, *Picard*, *Lower Decks*, and *Strange New Worlds*, are not included.

Table of Contents

[The Original Series \(1966–1969\)](#)

[Original Series Films \(1979-1991\)](#)

[The Next Generation \(1987–1994\)](#)

[Next Generation Films \(1994-2002\)](#)

[Deep Space Nine \(1993–1999\)](#)

[Voyager \(1995–2001\)](#)

[Enterprise \(2001–2005\)](#)



The Original Series (1966-1969)

The [Original Series](#) was described by creator [Gene Roddenberry](#) as a space Western. Indeed, a lot of the cast did tours as television cowboys, and their adventures on the final frontier are flavored with manifest destiny. What is intriguing about this, however, is the apparent leftism in *Star Trek's* ideology despite this overt Americanism.

The prejudices people feel about each other disappear when they get to know each other.
—Captain James Tiberius Kirk

[The United Federation of Planets](#) does not use [Starfleet](#) for imperialism; for plunder and subjugation. Rather, Starfleet represents the most nauseatingly pure and lofty ideals of the Federation. Starfleet is insufferable in its adherence to the belief that all life is precious and that there is no greater achievement than to make a friend out of an enemy.

Change is the essential process of all existence —Commander Spock

The Original Series wields a lot of '60s camp, which can be an awkward experience for some viewers. It is a product of its time, another much more unfortunate symptom of which is the sexist and racist limitations of its 1960s liberalism. But, despite its failures, its effort cannot be denied. *Star Trek* truly tried to do something progressive, to imagine a future in which Humanity is not only unified as a species, having eliminated war, poverty, and the worst of our habits, but a future in which Humanity is also a member of an intra-galactic federation of planets, exploring unvisited space and unmet civilizations for no other reasons than altruism and curiosity.

In the 24th century there will be no hunger, there will be no greed, and all the children will know how to read. —Gene Roddenberry

Season 1

Episode 1: [Where No Man Has Gone Before](#)

Episode 2: [The Corbomite Maneuver](#) ★❤️

Episode 3: [Mudd's Women](#)

Episode 4: [The Enemy Within](#) ★

Episode 6: [The Naked Time](#) ★

Episode 8: [Balance of Terror](#)

Episode 15: [The Menagerie, Part 1](#)

Episode 16: [The Menagerie, Part 2](#)

Episode 19: [Arena](#) ★

Episode 21: [Tomorrow is Yesterday](#) ★

Episode 22: [Space Seed](#) ★

Episode 25: [The Devil in the Dark](#) ★❤️

Episode 26: [Errand of Mercy](#) ★

Episode 28: [The City on the Edge of Forever](#) ❤️

Original Pilot: [The Cage](#) ★ Watch it **after** you complete the first season.

Season 2

Episode 1: [Metamorphosis](#)

Episode 4: [Mirror, Mirror](#)

Episode 5: [Amok Time](#)

Episode 6: [The Doomsday Machine](#) ★❤️

Episode 8: [The Changeling](#) ★

Episode 12: [I, Mudd](#) ★

Episode 13: [The Trouble with Tribbles](#) ❤️

Episode 15: [Journey to Babel](#)

Episode 17: [The Gamesters of Triskelion](#) ★

Episode 23: [Patterns of Force](#) ★

Season 3

Episode 4: [The Enterprise Incident](#)

Episode 6: [Spock's Brain](#) ❤️

Episode 9: [The Tholian Web](#)

Episode 12: [Plato's Stepchildren](#) ★

Episode 16: [Whom Gods Destroy](#) ★

Episode 15: [Let That Be Your Last Battlefield](#) ★

Episode 19: [The Cloud Minders](#) ★ ❤️

Episode 22: [The Savage Curtain](#) ★ ❤️

Original Series Films (1979–1991)

1. [The Motion Picture](#) (1979) ★
2. [The Wrath of Kahn](#) (1982)
3. [The Search for Spock](#) (1984)
4. [The Voyage Home](#) (1986) ★
5. X
6. [The Undiscovered Country](#) (1991)

The Next Generation (1987-1994)

[The Next Generation](#) struggled in the first season to understand itself and also under the weight of sexist and racist writing. Eventually they got the hang of it and became the Flagship series. It's the one that has shown the most mass appeal. Keep this in mind as you find yourself frustrated when it reveals the '90s liberal centrism of its writers, who aspired to be more progressive than they truly were or what the new head of the franchise and all-around regressive white man, [Rick Berman](#), would allow.

The acquisition of wealth is no longer the driving force of our lives. We work to better ourselves and the rest of humanity. — Captain Jean-Luc Picard

Under writer and executive producer, [Michael Piller](#), the series found its legs in the third season. In addition to spending more time developing characters and relationships, *TNG* does a lot more world-building in terms of the bureaucracy of Starfleet, the tenets of the Federation, and particular planet-states and cultures like the Klingons, Romulans, Cardassians, etc., and introduced the Borg. *TNG* fills in a lot of those nerd-gaps left by the *Original Series*. *The Next Generation* also invented and perfected "[technobabble](#)."

Most meaningfully, *The Next Generation* sought to expand the ideological vision of the *Original Series*, incorporating the new ground laid in the first crop of films. *TNG* embraced the forward momentum, introducing new species and larger-scale plots. The crew of the *Enterprise* also experiences more existential threats than in the original series, exploring pretty deep questions including, simply, what does it mean to be a person?

Seize the time... Live now! Make now always the most precious time. Now will never come again. — Captain Jean-Luc Picard

Season 1

Episodes 1 & 2: [Encounter at Farpoint](#)

Episode 3: [The Naked Now](#) ★

Episode 8: [Justice](#) ★

Episode 9: [The Battle](#)

Episode 13: [Datalore](#)

Episode 23: [Skin of Evil](#)

Episode 25: [Conspiracy](#) ★

Episode 26: [The Neutral Zone](#) ★

Season 2

Episode 6: [The Schizoid Man](#) ❤️

Episode 9: [The Measure Of A Man](#) ❤️

Episode 12: [The Royale](#) ★❤️

Episode 15: [Pen Pals](#) ★❤️

Episode 16: [Q Who](#)

Season 3

Episode 1: [Evolution](#) ★

Episode 2: [The Ensigns of Command](#) ★

Episode 4: [Who Watches The Watchers](#) ★

Episode 10: [The Defector](#)

Episode 11: [The Hunted](#) ★

Episode 15: [Yesterday's Enterprise](#) ❤️

Episode 16: [The Offspring](#) ❤️

Episode 19: [Captain's Holiday](#) ★

Episode 21: [Hollow Pursuits](#) ★

Episode 22: [The Most Toys](#) ❤️

Episode 23: [Sarek](#)

Episode 26: [The Best of Both Worlds, Part 1](#) ❤️

Season 4

Episode 1: [The Best of Both Worlds, Part 2](#) ❤️

Episode 2: [Family](#) ❤️

Episode 4: [Brothers](#)

Episode 5: [Remember Me](#) ★

Episode 7: [Reunion](#)

Episode 11: [Data's Day](#) ❤️

Episode 13: [Devil's Due](#) ❤️

Episode 18: [Identity Crisis](#) ★

Episode 20: [Qpid](#) ★

Episode 21: [The Drumhead](#) ❤️

Episode 22: [Half a Life](#) ★

Episode 23: [The Host](#)

Season 5

Episode 2: [Darmok](#) ❤️

Episode 7: [Unification, Part 1](#) ❤️

Episode 8: [Unification, Part 2](#) ❤️

Episode 10: [New Ground](#) ★

Episode 11: [Hero Worship](#) ★

Episode 13: [The Masterpiece Society](#) ★

Episode 14: [Conundrum](#) ★

Episode 15: [Power Play](#) ★

Episode 17: [The Outcast](#) ★

Episode 23: [I Borg](#) ❤️

Episode 25: [The Inner Light](#) ❤️

Episode 26: [Time's Arrow](#) ❤️

Season 6

Episode 1: [Time's Arrow, Part 2](#) ❤️

Episode 4: [Relics](#) ★❤️

Episode 7: [Rascals](#) ★

Episode 8: [A Fistful of Datas](#) ★❤️

Episode 9: [The Quality of Life](#)

Episode 10: [Chain of Command, Part 1](#) ❤️

Episode 11: [Chain of Command, Part 2](#) ❤️

Episode 15: [Tapestry](#)

Episode 16: [Birthright, Part 1](#) ★

Episode 17: [Birthright, Part 2](#) ★

Episode 23: [Rightful Heir](#)

Episode 24: [Second Chances](#) ★

Episode 25: [Timescape](#) ★

Episode 26: [Descent, Part 1](#)

Season 7

Episode 1: [Descent, Part 2](#)

Episode 4: [Gambit, Part 1](#) ★

Episode 5: [Gambit, Part 2](#) ★

Episode 6: [Phantasms](#)

Episode 9: [Force of Nature](#) ★

Episode 10: [Inheritance](#)

Episode 12: [The Pegasus](#)

Episode 14: [Sub Rosa](#) (A love-hate fandom favorite) ★💙

Episode 15: [Lower Decks](#) 💖💙

Episode 16: [Thine Own Self](#) ★

Episode 19: [Genesis](#) ★

Episode 24: [Preemptive Strike](#) ★

Episodes 25 and 26: [All Good Things...](#) 💖

Next Generation Films (1994-2002)

1. [Generations](#) (1994)
2. [First Contact](#) (1996)
3. X
4. [Nemesis](#) (2002)

Deep Space Nine (1993-1999)

[DS9](#) was a bold move on a lot of levels. First off, it's on a space station rather than a ship, which ruffled some feathers and eventually prompted the addition of a warp-capable ship. The writers of this series were an offbeat group led by [Ira Steven Behr](#) and wanted to be more progressive politically and more aggressive narratively. After you watch the series, you can learn more about production from the excellent and free-to-stream documentary, [What We Left Behind](#).

That might be the most important thing to understand about Humans. It's the unknown that defines our existence. We are constantly searching, not just for answers to our questions, but for new questions. — Captain Benjamin Sisko

I think this series has some of the best *Trek* has to offer. They took the time to flesh out the culture and history of Bajor, relentlessly criticize the Caradassians, chronicle major developments for the Ferengi, and introduce several new species that are of varying interest. Through those developments, DS9 was socially progressive, aggressively anti-fascist, and anti-capitalist.

They also embraced a longer form of storytelling that defied producer Rick Berman's irrational infatuation with syndication. (Indeed, the writers actually hid a large plot development from Berman until it was too late for him to intervene.)

Benjamin Sisko is among the most complicated and compelling characters of any *Trek* series, both passionate and measured, strategic and improvising. He and his diverse crew aboard DS9 engage in adventures that impact all other series, *TOS* included. Episodes specific to the plot of DS9 that impact the Alpha quadrant while not necessarily being relevant to the new shows are marked with a 💣

Running may help for a little while, but sooner or later the pain catches up with you. And the only way to get rid of it is to stand your ground and face it. — Captain Benjamin Sisko

Season 1

Episodes 1 & 2: [Emissary](#) 💣



Episode 3: [Past Prologue](#) 💣💙

Episode 7: [Q-Less](#) ★

Episode 8: [Dax](#)

Episode 10: [Move Along Home](#) 


Episode 13: [Battle Lines](#) 

Episode 19: [Duet](#)  

Episode 20: [In the Hands of the Prophets](#)  

Season 2

Episode 1: [The Homecoming](#) 

Episode 2: [The Circle](#) 


Episode 3: [The Siege](#) 

Episode 5: [Cardassians](#) 

Episode 8: [Necessary Evil](#) 

Episode 10: [Sanctuary](#) 

Episode 12: [The Alternate](#) 

Episode 13: [Paradise](#) 

Episode 16: [Shadowplay](#) 

Episode 17: [Playing God](#)

Episode 18: [Profit and Loss](#) 


Episode 19: [Blood Oath](#) 

Episode 20: [The Maquis, Part 1](#) 

Episode 21: [The Maquis, Part 2](#) 

Episode 22: [The Wire](#)   

Episode 24: [The Collaborator](#)

Episode 25: [Tribunal](#) 

Episode 26: [The Jem'Hadar](#) 

Season 3

Episode 1: [The Search, Part 1](#) 💣

Episode 2: [The Search, Part 2](#) 💣

Episode 4: [Equilibrium](#)

Episode 5: [Second Skin](#) 💣

Episode 6: [The Abandoned](#) 💣

Episode 7: [Civil Defense](#) 💣.💙

Episode 9: [Defiant](#) 💣

Episode 11: [Past Tense, Part 1](#) ⭐💖💙

Episode 12: [Past Tense, Part 2](#) ⭐💖💙

Episode 13: [Life Support](#) 💣

Episode 14: [Heart of Stone](#) 💣

Episode 15: [Destiny](#) 💣

Episode 20: [Improbable Cause](#) 💣

Episode 21: [The Die is Cast](#) 💣

Episode 22: [Explorers](#) 💣

Episode 23: [Family Business](#) 💣

Episode 24: [Shakaar](#) 💣

Episode 25: [Facets](#)

Episode 26: [The Adversary](#) 💣

Season 4

Episodes 1 & 2: [The Way of the Warrior](#) 💣

Episode 4: [Hippocratic Oath](#) 💣

Episode 5: [Indiscretion](#) 💣

Episode 6: [Rejoined](#) ❤️

Episode 11: [Homefront](#) 💣

Episode 12: [Paradise Lost](#) 💣

Episode 13: [Crossfire](#) 💣

Episode 14: [Return to Grace](#) 💣

Episode 16: [Bar Association](#) ★❤️💙

Episode 17: [Accession](#) 💣

Episode 19: [Hard Time](#) ★

Episode 21: [The Muse](#) 💣

Episode 22: [For the Cause](#) 💣

Episode 23: [To the Death](#) 💣

Episode 25: [Body Parts](#) 💣

Episode 26: [Broken Link](#)

Season 5

Episode 1: [Apocalypse Rising](#) 💣

Episode 2: [The Ship](#) 💣

Episode 6: [Trials and Tribble-ations](#) ★❤️💙

Episode 10: [Rapture](#) 💣

Episode 11: [The Darkness and the Light](#) 💣

Episode 12: [The Begotten](#) 💣

Episode 13: [For the Uniform](#) 💣

Episode 14: [By Inferno's Light](#) 💣

Episode 15: [In Purgatory's Shadow](#) 💣

Episode 16: [Doctor Bashir, I Presume](#) 💣

Episode 19: [Ties of Blood and Water](#) 💣

Episode 20: [Ferengi Love Songs](#) 💣

Episode 22: [Children of Time](#) 💣

Episode 23: [Blaze of Glory](#) 💣

Episode 25: [In the Cards](#) 💣

Episode 26: [Call to Arms](#)

Season 6

Episode 1: [A Time to Stand](#) 💣

Episode 2: [Rocks and Shoals](#) 💣

Episode 4: [Behind the Lines](#) 💣

Episode 5: [Favor the Bold](#) 💣

Episode 6: [Sacrifice of Angels](#) 💣

Episode 7: [You Are Cordially Invited](#) 💣

Episode 9: [Statistical Probabilities](#) 💣

Episode 11: [Waltz](#) 💣

Episode 12: [Who Mourns for Morn?](#) ★ 💣

Episode 13: [Far Beyond the Stars](#) ★ 💖 💙 💖 💙

Episode 14: [One Little Ship](#) 💣

Episode 17: [Wrongs Darker Than Death or Night](#) 💣

Episode 18: [Inquisition](#)

Episode 19: [In the Pale Moonlight](#) 💣 💖 💙

Episode 20: [His Way](#) 💣

Episode 21: [The Reckoning](#) 💣

Episode 22: [Valiant](#) 💣

Episode 26: [Tears of the Prophets](#) 💣

Season 7

Episode 1: [Image in the Sand](#) 💣

Episode 2: [Shadows and Symbols](#)

Episode 3: [Afterimage](#) 💣

Episode 4: [Take Me Out to the Holosuite](#) ★❤️

Episode 6: [Treachery, Faith and the Great River](#) 💣

Episode 7: [Once More unto the Breach](#)

Episode 8: [The Siege of AR-558](#) 💣

Episode 9: [Covenant](#) 💣

Episode 10: [It's Only a Paper Moon](#) 💣

Episode 14: [Chimera](#) 💣

Episode 15: [Badda-Bing Badda-Bang](#) ★❤️💣

Episode 16: [Inter Arma Enim Silent Leges](#)

Episode 17: [Penumbra](#) 💣

Episode 18: [Til Death Do Us Part](#) 💣

Episode 20: [The Changing Face of Evil](#) 💣

Episode 21: [When it Rains](#)

Episode 22: [Tacking Into the Wind](#) 💣

Episode 23: [Extreme Measures](#)

Episode 24: [The Dogs of War](#)

Episodes 25 & 26: [What You Leave Behind](#) 💣

Voyager (1995-2001)

As a series, one might think [Voyager](#) seems as far away from the franchise as the Starship Voyager is from the Alpha Quadrant, while feeling very familiar. The production and writers room under Michael Piller and later [Jeri Taylor](#) and [Brannon Braga](#) embraced the episodic tradition of *TOS* and *TNG* (to Berman's taste), but with varying levels of success.

A big theme of *Voyager* revolved around maintaining your principles in an extreme situation. Captain Janeway and her crew are not only 70,000 light years from everything they've ever known, they're also 70,000 light years away from accountability. *Voyager* faces more moral and ethical quandaries than any other ship, and her crew suffers an absurd amount of trauma.

You and I know that fear only exists for one purpose: to be conquered. —Captain Kathryn Janeway

While Janeway and her crew make some big blunders out in the Delta Quadrant, they nonetheless strive to do their best and comport themselves as true Starfleet Officers, aspiring to exploration and peaceful exchange with other species. Whether or not they succeed is less important; as the cliché goes, it's more about the journey than the destination (which is good because *Voyager* is very bad at closure).

In a part of space where there are few rules, it's more important than ever that we hold fast to our own.
— Captain Kathryn Janeway

Voyager can be a bummer of a series, but it is also the series that fully fleshes out the Borg and Seven of Nine, paving the way for *Picard*. Those episodes will be critical for getting the most out of that series.

As the show takes place in the Delta quadrant, the recurring plots are not relevant to the rest of *Star Trek*. However, I have marked those episodes with a 🧐 in case you want to follow the Delta-quadrant-centric plots.

*Note: *Voyager* employed charlatan and con man [Jack Marks](#) (alias Jamake Highwater) as Native American consultant on the character of Chakotay. As "Highwater" had his Cherokee heritage debunked a *decade* before, I'm sure you can imagine that *Voyager's* depiction of Native American cultures is *highly* problematic. That said, Robert Beltran is very charismatic and attractive in the role.

Season 1

Episodes 1 & 2: [Caretaker](#)

Episode 3: [Parallax](#) 🧐

Episode 5: [Phage](#) 🐼

Episode 7: [Eye of the Needle](#) 🐼

Episode 8: [Ex Post Facto](#) ❤️

Episode 11: [State of Flux](#) 🐼

Episode 14: [Faces](#) ★

Episode 16: [Learning Curve](#) 🐼

Season 2

Episode 2: [Initiations](#) 🐼

Episode 10: [Cold Fire](#) 🐼

Episode 11: [Maneuvers](#) 🐼

Episode 14: [Alliances](#) 🐼

Episode 15: [Threshold](#) 🐼

Episode 16: [Meld](#) ★ ❤️

Episode 18: [Death Wish](#) ★

Episode 19: [Lifesigns](#) 🐼

Episode 23: [The Thaw](#) ★ 💕 ❤️

Episode 24: [Tuvix](#) ★ (much debated)

Episode 25: [Resolutions](#) 🐼

Episode 26: [Basics, Part 1](#) 🐼

Season 3

Episode 1: [Basics, Part 2](#) 🐼

Episode 2: [Flashback](#) ★

Episode 8: [Future's End, Part 1](#) 🐼

Episode 9: [Future's End, Part 2](#) 🤖

Episode 11: [The Q and the Grey](#) 🤖

Episode 13: [Fair Trade](#) ★

Episode 15: [Coda](#) ★

Episode 17: [Unity](#)

Episode 23: [Distant Origin](#) ★

Episode 25: [Worst Case Scenario](#) ★💙

Episode 26: [Scorpion, Part 1](#)

Season 4

Episode 1: [Scorpion, Part 2](#)

Episode 2: [The Gift](#)

Episode 6: [The Raven](#)

Episode 14: [Message in a Bottle](#) 🤖

Episode 15: [Hunters](#) 🤖

Episode 16: [Prey](#) 🤖

Episodes 18: [The Killing Game, Part 1](#) 🤖💙

Episode 19: [The Killing Game, Part 2](#) 🤖💙

Episode 21: [The Omega Directive](#) 🤖

Episode 25: [One](#) ★

Episode 26: [Hope and Fear](#) 🤖

Season 5

Episode 3: [Extreme Risk](#) ★

Episode 4: [In the Flesh](#) 🤖

Episode 7: [Infinite Regress](#)

Episode 9: [Thirty Days](#) 🤖

Episodes 15 & 16: [Dark Frontier](#)

Episode 20: [Think Tank](#) ★

Episode 22: [Someone to Watch Over Me](#)

Season 6

Episode 2: [Survival Instinct](#)

Episode 9: [The Voyager Conspiracy](#) ★

Episode 10: [Pathfinder](#) 🤖

Episode 15: [Tsunkatse](#) ★

Episode 17: [Collective](#)

Episode 19: [Child's Play](#)

Episode 26: [Unimatrix Zero, Part 1](#)

Season 7

Episode 1: [Unimatrix Zero, Part 2](#)

Episode 2: [Imperfection](#)

Episode 4: [Repression](#) 🤖

Episode 7: [Body and Soul](#) ★

Episodes 9 & 10: [Flesh and Blood](#) 🤖

Episode 11: [Shattered](#) ❤️

Episode 12: [Lineage](#) 🤖

Episode 15: [The Void](#) ❤️

Episode 18: [Human Error](#) 🤖

Episode 19: [Q2](#) ★

Episode 22: [Natural Law](#) ★

Episode 23: [Homestead](#) 🗿

Episodes 25 & 26: [Endgame](#)

Enterprise (2001-2005)

While [Enterprise](#) is largely unwatchable by your casual viewer, there are some episodes that you might find useful as you get to know the world of *Star Trek*. After all, it is a prequel and canon. You could also completely skip *Enterprise* and suffer no ill effects. I wouldn't fault you because I don't enjoy this series.

There is a chance the Andorian, Orion, Tellerite, and Vulcan content I have included may be relevant to *Strange New Worlds*, and the Andorian content bears some relevance to *Discovery* if for nothing more than context and trivia. The three episodes marked with a ❤️ offer unnecessary background to *Picard* and are the only episodes I sort of appreciate.

If you are looking to watch bonus *Trek*, however, I would recommend you go back and watch 🌟, 💣, 💙, and even 🤖 before you resort to *Enterprise*. Heck, watch literally every other episode of *Star Trek* before you resort to *Enterprise*. But why?

No series suffered as much from the involvement of Rick Berman as *Enterprise*. He had achieved his final form as a dirty old white man in Bush's America and had no one to oppose him. As a result, we're gifted primitive male power fantasies, egregiously objectified women, and good-ol' American-style Imperialism.

Rick Berman never believed in Gene Roddenberry's vision for the future and nowhere else do you see it more apparent than in this series. He decided to roll back time to the first *Enterprise*, to show us *his* vision of men of the future, who are all ripped, full of hot blood, and unburdened by oversight or established Starfleet protocol.

Though, the writers did at times make an effort to bring us back to the basic philosophy, in that the crew of the first *Enterprise* is eager to answer distress calls and regularly attempts rudimentary acts of fairness. And despite the bad writing, nudity, and unfortunate costume, Jolene Blalock does a great job as T'Pol; as does Jeffrey Combs as Shran, though he does not get naked.

The more I've experienced, the more I've learned that no matter how far we travel, or how fast we get there, the most profound discoveries are not necessarily beyond that next star. —

Captain Jonathan Archer

Season 1

Episodes 1 & 2: [Broken Bow](#)

Episode 7: [The Andorian Incident](#)

Episode 15: [Shadows of P'Jem](#)

Episode 17: [Fusion](#) (CW: Metaphor for sexual assault)

Season 2

Episode 14: [Stigma](#) (CW: Metaphor for sexual assault)

Episode 15: [Cease Fire](#)

Episode 23: [Regeneration](#)

Season 3

Episode 13: [Proving Ground](#)

Season 4

Episode 4: [Borderland](#) ♥

Episode 5: [Cold Station 12](#) ♥

Episode: [The Augments](#) ♥

Episode 7: [The Forge](#)

Episode 8: [Awakening](#)

Episode 9: [Kir'Shara](#)

Episode 12: [Babel One](#)

Episode 13: [United](#)

Episode 14: [The Aenar](#)

Episode 15: [Affliction](#)

Episode 16: [Divergence](#)

Episode 17: [Bound](#)

Episode 22: [These Are the Voyages](#)